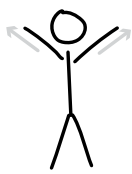




## Body Prayer: Love

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One  
*(reach up and out)*



Be in my actions  
*(touch eyes and mouth)*



May your love  
*(cross hands and lower arms over heart)*



May your love  
*(cross hands over heart)*



Be in my head...  
*(touch head)*



Be in all I say...  
*(touch mouth)*



...and heart  
*(touch heart)*



...and do  
*(extend hands, or in a group, hold hands)*



May your love  
*(keep touching heart)*



AMEN  
*(head down, hands at prayer with palms together)*